

**SRINIVAS UNIVERSITY  
INSTITUTE OF PHYSIOTHERAPY**

**JOURNAL PUBLICATIONS**

<b>SL. NO.</b>	<b>NAME</b>	<b>ARTICLE</b>	<b>JOURNAL NAME</b>	<b>YEAR</b>
1.	S. Rajasekar	Normative values for the functional movement screen in adolescent school aged children	The International Journal of Sports Physical Therapy	2015
2.	S. Rajasekar	Effectiveness of movement impairment correction on classified movement impairment syndrome in knee osteoarthritis	International Journal of Current Research and Development	2016
3.	S. Rajasekar	Fascial manipulation for persistent knee pain following ACL and meniscus repair	Science Direct	2016
4.	S. Rajasekar	Development and analysis of validity and reliability of the Kannada version of Oswestry Disability Index	Science Direct	2016
5.	Thrishala Noronha	Substantial aspects of balance in patients with diabetic neuropathy: a physical therapist's perspective	International Journal of Innovative Research in Medical Science (IJIRMS)	2016
6.	Ilon Gracie De souza	Substantial aspects of balance in patients with diabetic neuropathy: a physical therapist's perspective	International Journal of Innovative Research in Medical Science (IJIRMS)	2016
7.	N Mageswaran	Effectiveness of movement impairment correction on classified movement impairment syndrome in knee osteoarthritis	International Journal of Current Research and Development	2016
8.	Anupama Pathak	Interrater and intrarater reliability of action research arm test in sub-acute stroke patients - 2016	Indian Journal of Physiotherapy	2016
9.	N Mageswaran	Effectiveness of movement impairment correction on classified movement impairment syndrome in knee osteoarthritis	International Journal of Current Research and Development	2016
10.	S.Rajasekar	Inter-rater and intra-rater reliability of a movement control test in shoulder	Journal of Bodywork & Movement Therapies	2017
11.	S.Rajasekar	Does Kinesio taping correct exaggerated dynamic knee valgus? A randomized double blinded sham-controlled trial	Journal of Bodywork & Movement Therapies	2017

12.	S.Rajasekar	Association between trigger points in hamstring, posterior leg, foot muscles and plantar fasciopathy : a cross-sectional study	Journal of Bodywork & Movement Therapies	2017
13.	N Mageswaran	A study of effect on the lumbar stabilization exercises for improving the endurance of back muscles in school volleyball players	International Journal of Current Research and Development	2017
14.	Ajay Kumar	Reliability and validity of Kannada version of Victorian Institute of Sports Assessment for patellar tendinopathy (VISA-P-K) questionnaire	Journal of Clinical Orthopaedics and Trauma	2018
15.	Jeyaganesh Vellaisamy	A study to analyze the relationship between the decline of cognition and fine motor skills in elderly population	International Journal of Physiotherapy	2018
16.	Ajay Kumar	Prevalence of Temporomandibular joint disorders in competitive swimmers: a cross sectional Study	Journal of Advances in Sports and Physical Education	2019
17.	Ajay Kumar	Rapid upper limb assessment (RULA): validity and reliability evidences in identifying workplace ergonomics among bank employee's using computers	Journals BAHIANA School of Medicine and Public Health	2019
18.	S. Rajasekar	Reliability and validity of Kannada version of Victorian Institute of Sports Assessment for patellar tendinopathy (VISA-P-K) questionnaire	Journal of Clinical Orthopaedics and Trauma	2019
19.	Ajay Kumar	Rapid upper limb assessment (RULA) in ergonomic assessment : A comprehensive review	Journals BAHIANA School of Medicine and Public Health	2019
20.	Ajay Kumar	A study of reliability and validity of Rula against Reba among the employees operating computers in the bank	Journal of Advances in Sports and Physical Education	2019
21.	S.Rajasekar	Cross-cultural adaptation, reliability, and validity of Kannada version of fear avoidance belief questionnaire in chronic low back pain	Journal of Physiotherapy Research	2020
22.	Ajay Kumar	Cross cultural study of adaptation and validation of Kannada version of self-administered Leeds assessment of neuropathic symptoms and signs (s-Lanss) pain scale in chronic pain patients	International Journal of Physical Education, Sports and Health	2020
23.	Ajay Kumar	Cross-cultural adaptation, reliability, and validity of Kannada version of	Journal of Physiotherapy Research	2020

		fear avoidance belief questionnaire in chronic low back pain		
24.	Thrishala Noronha	Prevalence of sensory processing disorder among school going children in north eastern India	International Journal of Scientific Research	2020
25.	Ilona Gracie De souza	Overview on aquatic therapy in reducing pain and improving quality of life in patients with fibromyalgia	International Journal of Medical science and Advanced clinical Research (IJMACR)	2020
26.	Ilona Gracie De souza	Effect of Releasing Myofascial Chain in patients with Patellofemoral Pain Syndrome- A Randomized Clinical Trial	International Journal of Current Research & Review	2020
27.	S. Rajasekar	Association between trigger points in hamstring, posterior leg, foot muscles and plantar fasciopathy: a cross-sectional study	Journal of Body Work and Movement Therapies	2020
28.	S. Rajasekar	Association between subscapularis trigger point and frozen shoulder: A cross sectional study.	Journal of Body Work and Movement Therapies	2021
29.	Ajay Kumar	Prevalence of temporomandibular joint disorders in competitive swimmers: A cross sectional study	International Journal of Physical Education, Sports and Health	2021
30.	Madhuripu P	Effect of Russian Current Followed by Exercise in Postpartum Diastasis Recti Abdominis: A Single Case Study	Journal of South Asian Federation of Obstetrics and Gynaecology	2021
31.	Aishwarya Nitin Sonwane	Effects of Guided Forward Stepping Training Verses Guided Lateral Stepping Training in Sub-Acute Stroke Patients To Improve Standing Balance and Gait Speed-A Randomized Clinical Trial	Indian Journal of Gerontology	2021
32.	Ajay Kumar	A Case Study on Risk of Musculoskeletal Disorder Due to Poor Ergonomics in First Time Lactating Mother with Recurrent Myofascial Trigger	International Journal of Health Sciences and Pharmacy (IJHSP)	2022
33.	M. Premkumar	Effect of Smartphone Assisted Cardiac Rehabilitation Self-Management (SACRSM) on Talk Test Value and Six Minute Walk Test Distance in uncomplicated Cardio Vascular Disease (CVD) Patient – Single Case Study.	International Journal of Health Sciences and Pharmacy (IJHSP)	2022
34.	M. Premkumar	Cost Effectiveness and Functional Outcomes of Smartphone Cardiac Rehabilitation Assisted SelfManagement in Coronary Artery Disease	World Wide Journal of Multidisciplinary Research and Development	2022

		Patients (SCRAM) -Systematic Review Protocol.		
35.	M. Premkumar	Benefit of Stability Exercise on Swiss Ball Exercise along with Treadmill Walking in Physiotherapy College Girl Students with PCOS Symptoms: Single Group Pre Post Design.	Indian Journal of Physiotherapy and Occupational Therapy	2022
36.	M. Premkumar	Combined Effect of Constraint Induced Movement Therapy and Neural Mobilization Technique on Upper Extremity Function in Spastic Hemiplegic Patient – A Single Case Study.	International Journal of Health Sciences and Pharmacy	2022
37.	M. Premkumar	Combination of Soft Tissue Mobilization Assisted with Instrument (IASTM) Technique and Myofascial Release for Chronic Low Back Pain – Single Case Study.	International Journal of Health Sciences and Pharmacy	2022
38.	M. Premkumar	Effect of IFT with Anterior Glide versus Posterior Glide Joint Mobilisation Technique on Shoulder External Rotation ROM in Patients with Adhesive Capsulitis: Comparative Study.	Indian Journal of Physiotherapy and Occupational Therapy	2022
39.	M. Premkumar	Effectiveness of Sleeper and Cross Body Stretches and Muscle Energy Techniques for Periarthritis Shoulder: a Comparative Study.	Indian Journal of Physiotherapy and Occupational Therapy	2022
40.	M. Premkumar	Effect of Modified Shoe with Motor Relearning Programme on Timed Up and Go Test Values and Gait Parameters in Chronic Stroke Patients: a Comparative Study.	Indian Journal of Physiotherapy and Occupational Therapy	2022
41.	M. Premkumar	Effect of Constrained Induced Movement Therapy on Functional Arm Reach Distance on Adult Hemiplegic Patients: A Pilot Study.	Indian Journal of Physiotherapy and Occupational Therapy	2022
42.	M. Premkumar	Telerehabilitation as a Tool given on Physical Fitness and Quality of Life in Overweight and Obese college students amidst Covid 19 Pandemic: Single Group Pre Post Design.	Indian Journal of Physiotherapy and Occupational Therapy	2022
43.	M. Premkumar	Comparative Study on Active Release Technique Versus Myofascial Release Technique for Upper Trapezius Muscle Spasm.	World Wide Journal of Multidisciplinary Research and Development	2022

44.	M. Premkumar	Effect of Kinesiology Taping and Abdominal Bracing with Core Strengthening Exercise for Diastasis Recti After Pregnancy - Case Series.	World Wide Journal of Multidisciplinary Research and Development	2022
45.	M. Premkumar	Effects of Modified Burger's Exercise on Ankle Rom and Proprioception Pattern in Women Across 2nd And 3 rd Trimester of Pregnancy and Postpartum – Pre and Post Study Design.	World Wide Journal of Multidisciplinary Research and Development	2022
46.	M. Premkumar	Correlation Between BMI and Cardiorespiratory Fitness in Developmental Co-Ordination Disorder Children – An Observational Study.	World Wide Journal of Multidisciplinary Research and Development	2022
47.	M. Premkumar	Physical Activity on Standing of Gross Motor Function Measure Score (GMFM- 88) In Spastic Cerebral Palsy Children – A Pilot Study.	World Wide Journal of Multidisciplinary Research and Development	2022
48.	M. Premkumar	Effect of Flexibility Exercises with Muscle Energy Techniques in improvement of gait in Parkinson Patients – A Pilot Study.	World Wide Journal of Multidisciplinary Research and Development	2022
49.	M. Premkumar	Comparison of Spencer Technique Versus Myofascial Release on Pain and Range of Motion in Periarthritis Shoulder.	World Wide Journal of Multidisciplinary Research and Development	2022
50.	M. Premkumar	Positioning and Chest Physical Therapy for Pneumonia Patients: A Literature Review.	World Wide Journal of Multidisciplinary Research and Development	2022
51.	Madhuripu P	Effect of IFT with Anterior Glide versus Posterior Glide Joint Mobilisation Technique on Shoulder External Rotation ROM in Patients with Adhesive Capsulitis: Comparative Study.	Indian Journal of Physiotherapy and Occupational Therapy	2022
52.	Madhuripu P	Groin Injuries in Footballers and Its Physiotherapy Management	World Wide Journal of Multidisciplinary Research and Development	2022
53.	Radhika Gopal S	Benefit of core stability exercise and relaxation training for primary dysmenorrhea in an unmarried girl-single case study	International Journal of Health Sciences and Pharmacy (IJHSP)	2022
54.	Radhika Gopal S	Effect of IFT with Anterior Glide versus Posterior Glide Joint Mobilisation Technique on Shoulder External Rotation ROM in Patients	Indian Journal of Physiotherapy and Occupational Therapy	2022

		with Adhesive Capsulitis: Comparative Study.		
55.	Radhika Gopal S	Use of prism adaptation in patients with unilateral neglect in stroke: a literature review	World Wide Journal of Multidisciplinary Research and Development	2022
56.	M. Tamilalagan	Effects of Buteyko therapy on dipping of peak expiratory flow rate and quality of life in asthmatic patients among adult and elderly population.	Fizjoterapia Polska journal	2022
57.	M. Tamilalagan	A cross-sectional study on the influence of COVID-19 pandemic on physical activity patterns among residents in a South Indian City.	Bulletin of Faculty of Physiotherapy	2022
58.	M. Tamilalagan	Telerehabilitation as a Tool Given on Physical Fitness and Quality of Life in Overweight and Obese College Students amidst Covid 19 Pandemic: Single Group Pre Post Design.	Indian Journal of Physiotherapy & Occupational Therapy	2022
59.	M. Tamilalagan	Effectiveness of proprioceptive neuromuscular facilitation and sustained stretching exercises towards hip adductor tightness in field hockey players.	International journal of pharma and bio sciences	2022
60.	Rajasekar S	Association of patellofemoral pain syndrome (PFPS) with quadratus lumborum and lower limb muscle tightness a cross-sectional study.	Journal of Orthopaedics	2023
61.	Rajasekar S	Interrater reliability of scapular retraction test on rotator cuff related shoulder pain.	Journal of Orthopaedic reports	2023
62.	Rajasekar S	Association between Smartphone Addiction and Breathing Pattern in Sedentary Young College-Going Students - A Cross-Sectional Study.	Nigerian Journal of Clinical Practice	2023
63.	Rajasekar S	Perturbation-based Balance Training in Adults Aged above 55 years with Chronic Low Back Pain: A Comparison of Effects of Water versus Land Medium - A Preliminary Randomized Trial.	Current Aging Science journal	2023
64.	Ajay Kumar	Association between Smartphone Addiction and Breathing Pattern in Sedentary Young College-Going Students - A Cross-Sectional Study.	Nigerian Journal of Clinical Practice	2023

65.	M. Premkumar	Measurement of Lumbar Lordosis in 3rd Trimester Pregnancy-Pilot Study.	World Wide Journal of Multidisciplinary Research and Development	2023
66.	M. Premkumar	Effect of inspiratory muscle training on respiratory muscle strength in institutionalized geriatric patients - observational study.	International Journal of Creative Research Thoughts (IJCRT)	2023
67.	M. Premkumar	Effect of Muscle Energy Techniques and Resistance Training on Gait in Parkinson's disease: A Pre- Post Pilot Study.	International journal of Research and Analytical reviews	2023
68.	M. Premkumar	Balance in classical dancers using dynamic leap and balance test-A Cross sectional study.	Journal of Orthopaedic Reports	2023
69.	M. Premkumar	Association between genu Recurvatum and gluteus Maximus muscle strength in college students-Case control study.	Journal of Orthopaedic Reports	2023
70.	R. Kamalakannan	Effect of Scapular Proprioceptive Neuromuscular Facilitation versus Scapular Mobilization on Pain and function in adhesive capsulitis – A Pragmatic Randomized Clinical Trial.	INTI journal	2023
71.	R. Kamalakannan	Role of physiotherapy treatment for complex regional pain syndrome – a narrative review.	International journal of research and analytical reviews (IJRAR)	2023
72.	R. Kamalakannan	Role of Aquatic Therapy in Knee Rehabilitation: A Narrative review.	Indian Journal of Physiotherapy and Occupational Therapy	2023
73.	R. Kamalakannan	Effect of including kinetic chain based exercises on pain, range of motion and functional outcome in subacromial pain syndrome - a case study.	International journal of research and analytical reviews	2023
74.	Thrishala Noronha	Effect of Muscle Energy Techniques and Resistance Training on Gait in Parkinson's disease: A Pre- Post Pilot Study.	International journal of Research and Analytical reviews (IJRAR)	2023
75.	Thrishala Noronha	Cross cultural adaptation of Kannada version of Stroke Recognition Questionnaire [K-SRQ] in people with Hypertension.	International journal of Research and Analytical reviews (IJRAR)	2023
76.	Madhuripu P	Efficacy of pulsed short-wave diathermy (PSWD) on musculoskeletal disorders-A literature review.	International journal of Research and Analytical reviews (IJRAR)	2023

77.	Madhuripu P	Association between genu Recurvatum and gluteus Maximus muscle strength in college students-case control study.	Journal of orthopaedic reports	2023
78.	Madhuripu P	Effect of including Kinetic Chain Based Exercise on Pain, Range of Motion and Functional Outcome in Subacromial Pain Syndrome-A Case Study.	International journal of Research and Analytical reviews (IJRAR)	2023
79.	Madhuripu P	Effect of repetitive peripheral magnetic stimulation on patient with musculoskeletal disorders-a literature review.	International journal of Research and Analytical reviews (IJRAR)	2023
80.	Madhuripu P	Effectiveness of blood flow restriction training in lower extremity injuries of football players.	International journal of Research and Analytical reviews (IJRAR)	2023
81.	Madhuripu P	Myofascial release for tension type headache- a case study.	International journal of Research and Analytical reviews (IJRAR)	2023
82.	Madhuripu P	Probing the relationship between the kinetic balance and agility skill in recreational football players- a cross-sectional study.	International journal of Research and Analytical reviews (IJRAR)	2023
83.	Radhika Gopal S	Combined effects of Physical activity and acupuncture in young women with dysmenorrhea- literature review.	International journal of Research and Analytical reviews (IJRAR)	2023
84.	Radhika Gopal S	Effect of complex decongestive therapy (CDT) and Manual Lymphatic Drainage (MLT) on lymph edema control after surgery in Breast cancer patients -Literature review.	IJFMR	2023
85.	Radhika Gopal S	Yoga as a management strategy for primary dysmenorrhea among adolescents - A literature review.	International journal of Research and Analytical reviews (IJRAR)	2023
86.	M. Tamilalagan	Balance in classical dancers using dynamic leap and balance test–A Cross sectional study.	Journal of Orthopaedic Reports	2023
87.	Aishwarya Nitin Sonwane	Efficacy of Transcutaneous Electrical Nerve Stimulation on Rotator Cuff Related Conditions.	International journal of Creative Research Thoughts (IJCRT)	2023
88.	Aishwarya Nitin Sonwane	Effect of Rehabilitation Swallowing Therapy and Transcutaneous Electrical Stimulation for Swallowing on Post Stroke Patients.	International journal of Creative Research Thoughts (IJCRT)	2023
89.	Aishwarya Nitin Sonwane	Effect of Inspiratory Muscle Training on Respiratory Muscle Strength in Institutionalized Geriatric Patients-Observational Study.	International journal of Creative Research Thoughts (IJCRT)	2023



90.	Aishwarya Nitin Sonwane	Effect of Thera-band Among Anterior Rotator Cuff Injury Patient Pre and Post Trial.	International journal of Research and Analytical reviews (IJRAR)	2023
91.	Aathira T.V	Effect of Flexibar Exercises on Shoulder Proprioception and Muscle Strength among Older Adults: Pre and Post-Intervention Design	International journal of Research and Analytical reviews (IJRAR)	2023
92.	Sherin Elizabeth Sequeira	Calisthenics versus Pilates training on glycemic control and body fat in overweight individuals with type 2 diabetes mellitus.	Physiotherapy Practice and Research journal	2023
93.	Sherin Elizabeth Sequeira	Acute effects of non-ballistic active knee extension in neural slump position versus proprioceptive neuromuscular facilitation in unilateral hamstring tightness in chronic nonspecific low back pain: A Quasi-experimental study.	International journal of Research and Analytical reviews (IJRAR)	2023
94.	Sherin Elizabeth Sequeira	Exploring effects of Egoscue versus lumbar stabilization exercises for lower crossed syndrome on postural stability and hyperlordotic posture correction.	Comparative exercise Physiology journal	2023
95.	Nikitha	Association between Smartphone Addiction and Breathing Pattern in Sedentary Young College-Going Students - A Cross-Sectional Study.	Nigerian Journal of Clinical Practice	2023
96.	Nikitha	Interrater reliability of scapular retraction test on rotator cuff related shoulder pain.	Journal of Orthopaedic reports	2023
97.	Nikitha	Effect of Laser and Spinal Decompression Unit on Lumbar Radiculopathy-Case Study	International journal of Research and Analytical reviews (IJRAR)	2023
98.	Akshitha K.R	Association of patellofemoral pain syndrome (PFPS) with quadratus lumborum and lower limb muscle tightness a cross-sectional study.	Journal of Orthopaedics	2023
99.	Akshitha K.R	Effectiveness of Combining Cupping Therapy and Exercise Therapy for Patients with Lateral Elbow Tendinopathy (LET): A Review of Literature.	International Journal of Theoretical Physics	2023
100.	Akshitha K.R	Effectiveness of Proprioception Training for patients with Forward Head Posture (FHP) - A Literature Review.	International Journal of Multidisciplinary research	2023